

MMS
STUDENT
SUCCESS
PLAN:

College
And
Career
Readiness

SMART GOAL DEVELOPMENT



MANFIELD MIDDLE
SCHOOL

ANALOGY



- **Have you ever been on a boat or a ferry?**
 - Imagine you boarded a boat and were told that YOU were now the captain.
 - You had no idea where the boat was supposed to go and no idea in which direction to even start moving.
 - In order to get the boat moving, you need to make a decision about where you want to go.
 - If you have no destination in your mind, you could end up anywhere, floating around!
- **Goal setting has lots of similarities to the boat analogy. If you do not think about what you might like to achieve, if you have no direction or focus for your efforts and energies, it becomes a matter of luck as to where you end up and what you achieve along the way.**

WHY ARE GOALS IMPORTANT?

- Goals give us ...
- Goals help us ...
- Goals provide us with ...

Reasons for goal-setting

- ◉ Setting goals gets you to think about possibilities
- ◉ Goals give you a direction to work towards
- ◉ Goals give you a clear picture of where you want to go
- ◉ Goals help you push yourself a little bit more
- ◉ Goals help you have a more fun and fulfilled life
- ◉ Goals give you motivation and focus
- ◉ Setting goals helps you do all the things you want to do in life!

How to set goals!




- How do you decide what your goals are?
 - What is important to me?
 - What am I good at?
 - What do I want to improve upon?
- Agree or disagree: It's better to set lower goals than to risk failure by setting higher ones.


WHY SMART GOALS

- Learning how to frame goals as SMART goals and being willing to adjust them is an important skill that will help YOU get off to a better start and have a better school year, this year and into the future.

WHAT IS A SMART GOAL?

[home](#)
[colleges](#)
[careers](#)
[about me](#)
 [my planner](#)

[Overview](#)
[Goals](#)
[To-do List](#)
[Tasks Assigned to Me](#)



[my goals](#) > Academic SMART GOAL

Here's how you defined your goal

Specific: What specific things will you accomplish?
I will ...

Measurable: How will you know when you have achieved this goal?
I will know when

Achievable: Is this goal realistic? Do you have the tools you need to achieve it?
Yes this is realistic because I ...

Relevant: Why is this goal important in your life?
This goal is important to me because ...

Timely: When can you achieve this goal?
I will achieve this goal by ...

[define your next step](#)
[edit goal](#)
[add comment](#)
[mark complete](#)

EXAMPLE

- Here is a practical example, starting with a typical, but not especially SMART, goal:
- ***I will do better on my report card in the next marking period.***

Better Example

- Here is a way to make it SMARTer:
 - ***In the next marking period, I will get at least a C on all my math tests, and at least a B on most of my quizzes and homework assignments.***
 - *Getting more specific, somewhat measurable*

EVEN BETTER GOAL

- But it's not SMART yet because it has no action plan or benchmarks. Here is a pretty SMART goal:
 - ***In the next marking period, I will take careful notes and review them at least two days before tests and quizzes so that I can ask the teacher questions about what I don't understand. I will do my math homework before I do things with friends, and when I hand it in, I will ask the teacher about anything I am not sure about. When I get anything wrong, I will make sure to ask the teacher, or one of my classmates how they got the right answer.***
- This recognizes that there may be obstacles and a way to deal with them.

SUMMARY OF GOAL

- A goal is an outcome, something that will make a difference as a result of achieving it.
- It can't be too ambitious to be out of reach, but also not so simple that it does not challenge.
- A goal has to be realistic with a stretch, requiring effort, an action plan with benchmarks to achieve it.



LOG ON TO NAVIANCE – 6th Grade

- Go to MMS Website, Student Tab, Naviance Link
- On Family Connection Page, enter username and password provided by your teacher

LOG ON TO NAVIANCE

7th and 8th Grade

- Go to MMS website, Student Tab, Naviance Link
- On Family Connection Page, enter MMS username and password

family connection

[home](#)
[colleges](#)
[careers](#)
[about me](#)

[my planner](#)

surveys to take:

- > [achieving the american dream](#)
- > [attributions scale](#)
- > [career exploration end unit](#)
- > [life values](#)
- > [measuring happiness - how happy are you?](#)

[view all surveys](#)
[survey history](#)

Success Plan

[goals](#)
[tasks](#)

my assessments

[career key](#)
[cluster finder](#)

7th and 8th Grade Review Last Year's Goals

- Click on “ABOUT ME” Tab
- Under SUCCESS PLAN, Click on “goals”
- Read the goals which you set last year and reflect on them.
 - Did you achieve these goals?
 - If you did, how did you accomplish this?
 - If you did not, what obstacles did you encounter?

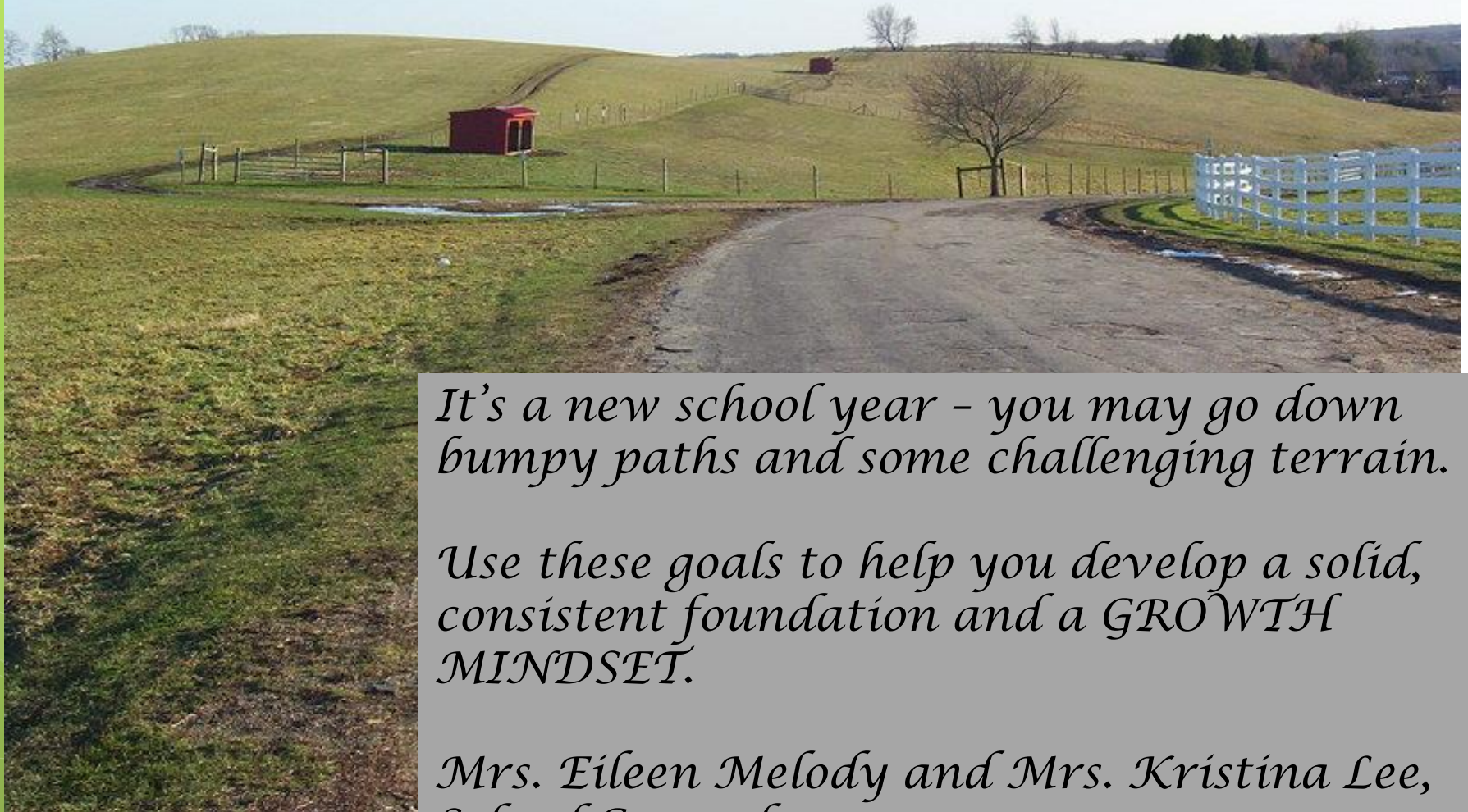
7th and 8th WRITE NEW Goals

- Click on “ABOUT ME” Tab
- Under SUCCESS PLAN, Click on “goals”
- Click on add a new goal
 - First, Academic
 - Second, Career
 - Third, Personal/Social
- After entering information into each box, click on ADD GOAL to submit.



GOALS HELP YOU ACHIEVE AT MMS and IN LIFE!

Horse Barn Hill, Mansfield, Connecticut



It's a new school year - you may go down bumpy paths and some challenging terrain.

Use these goals to help you develop a solid, consistent foundation and a GROWTH MINDSET.

*Mrs. Eileen Melody and Mrs. Kristina Lee,
School Counselors*